

## **PANIC! Bursaries**

**Ro Hardaker**

***Why do you keep looking and expecting me to disappear at the same time?***

### **Video Transcription**

#### **Credits:**

Directed by Ro Hardaker

Performed by Alicia Fabrizi, Zoë Boyd and Lex Karpathios

Wrestling Consultancy by Hannah Wilk

Videography by Matt Rogers

**Content notice:** this film includes performed violence, grief and wrestling, including strangulation, headlocks, impact and force being applied to bodies.

**Timestamps are given.**

**Descriptions are written in standard text.**

#### **Overview:**

This film has no sound and is shot in slow motion. Throughout the film we see different shots of wrestling and performance. The background is dark and there is strong directional lighting. Alicia (she/her) wears a pale yellow t-shirt, Lex (they/them) wears a pale pink t-shirt and Zoë (she/they) wears a white t-shirt

0:01

Headshot of Alicia in slow motion. Alicia's mouth is open, crying or perhaps screaming. Alicia's facial expression shows sadness or hurt. Alicia's body is rocking forwards and backwards very slowly.

0:15

Zoë has Lex in a headlock. The view is a close shot of Lex's face with Zoë's arm around their neck. In slow motion, Lex struggles to be freed from the headlock, moving left and right on the screen.

0:30

We see Alicia's face and shoulders with Lex's back to us. In slow motion, Lex's arms are around Alicia's waist and they are trying to push Alicia to the ground, their bodies moving away from the camera.

0:45

Zoë is lying on the ground, her head is in the foreground at the bottom of the screen with her body moving away from us. Zoë grasps Alicia's arm to her chest and between her legs. Alicia tries to get free, pulling Zoë's body upwards on screen.

1:00

Lex is bent over onto the floor, we see their hand hitting the floor. The shot starts with focus on the hand and shoulder, and pans to the left to show some of Lex's face. Their facial expression is pained.

1:15

The view from the camera is behind Lex's shoulder with Lex's back to us. Lex is in a bind with Zoë, and their arm is around Lex's back. In slow motion, they struggle with each other. The camera moves to look up at their arms, Lex's arm is also around Zoë's back. Zoë pulls Lex to the left of the screen.

1:30

Zoë's back is on the ground, Alicia's body is over Zoë's and Alicia's arm is under Zoë's leg. Alicia's other hand is on the mat in the foreground of the shot. The view is close in, we cannot see Zoë's head or shins. We can't see Alicia's face, whose head is facing the mat. In slow motion, Zoë's body lifts off the mat in Alicia's grasp.

1:45

Alicia has her arms crossed across her chest, her hands and being held flat against herself by someone who's body is out of shot. Alicia is lying on someone else's legs, who is holding Alicia's head, the rest of their body also out of shot. In slow motion, Alicia's head rises up towards the camera, then is pushed down.

2:00

Black background with a headshot of Zoë, the lighting is directional from the left of the screen. In slow motion, Zoë holds their hands up to their face, moving backwards, then moves their head forward, their hair falling in front of the screen, then moving their head upwards again. Zoë's facial expression is pained, and she opens her mouth, crying or screaming.

2:15

The view from the camera is behind Lex's shoulder with Lex's back to us, we can only see their arm. Lex is wrestling with Zoë, we see Zoë's face with her hand on Lex's arm. Lex's arm is around Zoë's neck. Their bodies move from side to side in slow motion, their heads touching by the end of the shot.

2:30

Close shot of Alicia's torso, her hands twisted across her body and grabbing her t-shirt.

2:45

Lex has their back on the ground and has someone's hands around their neck. We can't see the person who is strangling Lex.

3:00

Zoë is behind Lex, and is holding Lex's hands behind their head. In slow motion, their bodies move back and forth across the screen.

3:15

Alicia is upside down, her head centre screen with her shoulders in shot, the rest of her torso moves out of screen to the left. Zoë is holding Alicia's head and arm. In slow motion, they struggle up and down.

3:30

Lex is on the ground, their face to the floor, while Alicia stands over Lex's body with her hands pushing Lex's face to the ground. The camera is in front of Lex's head, their body disappearing into the distance. Alicia's head is out of shot. In slow motion, Lex tries to lift their head while Alicia pushes it down.

3:45

Zoë has Alicia in a headlock. The camera shot is close in, we can see Alicia's head and Zoë's above it, with Zoë's arm around Alicia's neck. We can't see the rest of their bodies.

4:00

Lex has Zoë in a headlock. Zoë's facial expression is pained. Lex has their hands on the front and back of Zoë's head, Zoë's left hand grasps Lex's right hand. Lex pulls backwards.

4:15

Lex lies on the ground with their back in the mat. Alicia pins Lex to the ground, her hands around each of Lex's wrists. Both open their mouths, crying out or screaming. In slow motion, Lex pushes up while Alicia pushes down.

4:30

Zoë's face is against the mat and their head is being pushed into the ground. The camera angle is at 90 degrees, so the floor looks like it could be a wall, and Zoë appears upright. Zoë's facial expression is pained. In slow motion, she rocks back and forth.

4:45

Lex has Alicia in a headlock, Lex's arm is around Alicia's neck and they pull Alicia's face into their chest. In slow motion, their bodies move from left to right as Alicia tries to get free. We can't see Lex's face, the movement reveals Alicia's face and she looks shocked.