

PANIC! Bursaries**Tora Hed *Let it Land, Part 1*****Video Transcription**

This is a video transcription of 'Let it Land, part 1' by the artist Tora Hed. The artwork has been produced as part of the PANIC bursaries at the Tetley.

The work is a video with sound. It is 6 minutes long.

The video begins with an opening shot showing the view across gravelled scrub land patch. A grass bank and trees line the far side of the patch. Beyond this, cars can be seen driving along a road. The ground is covered in leaves. It is an autumnal day.

0:36

A quick fade to close up of two pairs of legs, both wearing black trousers. Fingertips of two white hands hang at the top of the shot

The legs bend in unison and the hands drop down to grip the back of the other person's knees. The hands pull the knees towards them. They hold this position

0:49

Quick fade to two people standing with their back to the camera. Trees in the background, gravelly scrub in front of them.

Inari is closest to the camera. She is [visual description of Inari] She is wearing a red jumper and black trousers]. Sarah is in front of Inari, her

body is partially hidden by Inari. Sarah is [visual description of Sarah]. She is wearing a deep blue jacket and black trousers.

Inari reaches over Sarah. She puts one arm over Sarah's shoulder, and one under her same arm. Sarah reaches behind to wrap her arm around Inari. Both gently bend. Inari bows her head. They hold this intertwined position.

1:01

We see the same pose from opposite angle. Inari in bent of Sarah with her arms around Sarah's shoulder and waist. Her head pushed into Sarah's shoulder.

Sarah is bent forward with her head turned to her left. Her left hand grips Inari's elbow. Her right arm bends back behind Inari's body.

1:09

Close up of Inari's shoulder, now wearing a blue shirt with a long blonde pony tail. After a few seconds she steps forward.

1:14

Sarah is bent over at the waist. Inari is folded over Sarah's back, her legs tucked up under her body. Sarah's arms and reaching back over Inari's body, holding her up. They hold this pose. Inari's arm falls straight, her hand hanging down across Sarah's bent leg.

1:20

Wide shot of Inari and Sarah. Both are wearing black trousers, red jumper and white trainers. They stand in the left of the shot, in the middle of the gravel patch. They are moving slowly. Arms in the air move slowly down. Arms bending and reaching over. Their movements are not the same. Slowly they move to face the same way, Inari facing Sarah's back. Both reach one arm in the air.

1:37

Close shot of Sarah's back, shoulders and head. She is wearing a deep blue jacket. She slowly curls her head and shoulder forward. As she does, Inari is revealed standing in front of her, facing the camera.

1:43

Inari bows her head over the back of Sarah's and slowly reaches her hands up and puts them on Sarah's shoulders. Together they move down until only the top of Inari's head is visible in the shot. Wind blows wisps of her hair. In the background, someone walks along the grass verge.

2:02

We see the side view of an earlier position. Sarah is bent at the waist, knees bent. Inari climbs on to Sarah's back, left leg wrapped around Sarah's back and right leg across Sarah's knees. Sarah is reaching back to grip Inari. Sarah bows her head low. Inari lets her arms fall down vertically towards the ground.

They hold this position. Cars pass in the background, behind a line of trees.

2:11

Inari is in front of Sarah, leaning on Sarah, who has her knees bent and her arm bending around Inari's back. Inari wears red and Sarah wears blue. The two hold their position, and the camera slowly zooms in on them while the sound of footsteps on gravel plays. The zoom stops, and a person walks from left to right in the distance across the frame, they do not seem to notice them. Cars pass in the background. The two continue to hold their form.

3:14

Inari and Sarah both wear blue shirt jackets and black trousers, standing opposite each other in profile to the camera. Their shadows contrast on the gravel floor. Sarah bows her head and rests it on Inari's chest. Inari bows her head and rests it on top of Sarah's, while putting her hands over the top of Sarah's back. The two pause a moment, then Sarah bends to place her hands under Inari's knees, supporting Inari to stand on her toes. They hold position for 5 seconds, then release.

3:47

The frame is a closer crop of Inari and Sarah touching their shoes. Inari bends, crouching on the floor and her arms to one side, creating a pillow for her head, eyes closed. Sarah copies this movement, and the camera pans up to show their faces.

4:01

Wide shot of the patch of land. Sarah appears in the middle distance, followed by Inari closer to the camera. Both wear red tops with black trousers. They walk from left to right, then both change direction. They both stop when they are centre screen, with Sarah in front of Inari. They move their right arm at the elbow, then slowly push the hand away. Abruptly, Inari turns and walks with her back to the camera.

4:24

Close shot of Inari bent at the waist with her head low, face away from the camera. Two hands hold her arm, both wear blue. Cuts to a wide shot of this position, where we see Sarah is sat on the floor, knees bent and head bowed, with Inari holding her shin. The camera zooms slowly out.

4:52

Close shot of Sarah with her head bowed facing the camera with her right arm in the air, fingers lightly parted. Inari is in the background, we only see from the knee up to her waist. Both are still. Inari bends, her

face comes into view as she rests her hand and then head on Sarah's back, eyes closed. Sarah moved her left hand to cover Inari's eyes. They are still in this position.

5:25

Wide shot of cinder moor. Sarah and Inari appear in the middle distance. Both wear red tops with black trousers. Inari is in the centre of the frame, Sarah to the left hand side. They lift their arms above their heads, fingers outstretched, and move down to their right. Bending their right legs, they fold down slowly, then straighten.

5:38

A close up of Sarah from the previous shot. Her right hand thumb rests on her chest, her fingers parted, her head is tilted backwards.

5:40

Inari is close to the camera, Sarah is further away. Both wear red. Sarah puts her left arm out and then walks off screen to the right. At the same time, Inari has moved out of shot and reappears in the centre of the screen in Sarah's place. Inari puts her left arm out and then walks off screen to the right.

5:58

Black background with white text which says:

Concept & choreography Tora Hed

Collaborators and dancers Sarah Maria Cook & Inari Hulkkonen

Filmed by Sunny Vowles

Editing Sunny Vowles

Sound Tora Hed & Sunny Vowles

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